

## **Approved Snack List 2015-2016**

# Approved "Regular" and "Healthy Nut Free\*" Snacks:

- Keebler Club Crackers
- Nabisco Animal Crackers
- Nabisco Original Graham Crackers
- Nabisco Original Ritz Crackers
- Nabisco Teddy Grahams Honey Graham/Cinnamon
- Nabisco 100% Whole Wheat Thins
- Nabisco Premium Saltine Crackers
- Rold Gold Honey Wheat Braided Pretzel Twists
- Rold Gold Classic Style Tiny Twists

- Pepperidge Farm Goldfish made with 100% Whole Grain
- Pirate's Booty Aged White Cheddar Snack
- Cheese Sticks / Cheese Cubes
- Quaker Rice Cakes Plain
- Trader Joe's Pretzel Slims
- Trader Joe's Honey Graham Crackers
- Fresh fruit and vegetables washed and cut up appropriately (please see below for approved list of fruit and vegetables)

#### **Approved Birthday Snacks:**

- Entenmann's Mini Blueberry Muffins
- Entenmann's Little Bites Glazed Doughnuts Holes
- Entenmann's Little Bites Softee Popettes Powdered Doughnuts
- Keebler Vanilla Crème Sandwich Cookies
- Kellogg's Original Rice Krispy Treats

- Nabisco Original Oreo Sandwich Cookies
- Back To Nature 100% Natural Chocolate Chunk Cookies
- Back To Nature 100% Natural Crispy Oatmeal Cookies
- Annie's Homegrown Bunny Grahams Chocolate

### **Special Fruit and Vegetable Snack List:**

- September Bananas
- October Apple slices
- November Carrot sticks
- December Melon
- January Orange Slices

- February Red Peppers
- March Blueberries
- April Watermelon
- May Cucumber slices

## **Additional Snacks Provided by the Snack Committee:**

- Edy's Whole Fruit Bars (End of School Year for 4s class)
- Bagels with Whipped Butter and Cream Cheese (Special Person Day)

\*HWCNS implemented a Healthy Nut-Free Snack Program in September 2014. The snack committee schedules one parent in each class to bring in a healthy <u>nut-free</u> snack once a week either on a Monday or Tuesday. This healthy snack purchase will NOT be expensed by the school and we will still continue to have our monthly special fruit and vegetable snack. A Healthy Nut-Free Snack Program schedule will be distributed to parents via email in the near future.